

Our Lady of the Rosary Catholic School

23 Yardley Avenue Waitara 2077 Tel 9489 7000 Fax 9487 4027 Private Bag 3000 Hornsby NSW 2077 Email: olorw@dbb.catholic.edu.au Website: www.olorwdbb.catholic.edu.au

Dear Parents. We were part of a wonderful Ash Wednesday Mass in TLOCC yesterday

Week 5, Term 1, 2017

2 March 2017

concelebrated by the Bishop, Fr Robert and Fr Vincent. At the beginning of the mass some St Leo's students painted on five canvas with depictions of the





Michael Grose National Tour

On Wednesday 8 March from 7.00pm to 9.00pm the TLOCC will host a parent talk as part of a National Tour, as Michael Grose, a bestselling author and parenting expert, discusses his new book 'Spoonfed Generation.'

Our P&F Association are supporting OLOR parents' attendance at this evening by subsidising the \$35.00 ticket with a \$10.00 donation. This means that OLOR parents will only pay \$25.00 per ticket. Below is the website link to book tickets. Once you click on "Tickets" click on the blue "Enter Promotional Code" on the top right hand side of the box. The code for this event is in the email sent with the newsletter link.

When you type in the code the ticket price of \$25.00 will appear. As you would appreciate, this is a generous gesture from the P&F and we ask that this code is only used for OLOR families. There are a limited number of discount tickets available and we will be provided with a name list prior to the event.

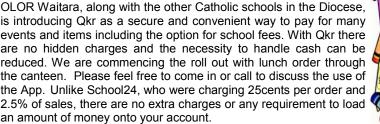
This parent evening links very well into our focus on Wellbeing and supporting children's social and emotional development. Online link for Parenting Master Class Tickets

Grandparents Day - Friday 24 November 2017

We will be celebrating Grandparents Day on Friday 24 November. This date was set in consultation with Fr Robert to coincide with the Parish First Communion services and aims to assist with any grandparents travelling from the country or interstate for this special family time.









Open Day Helpers Needed: If you are able to offer help on our Open Day as a school guide, please contact the school office.

	Diary Dates - Term T			
HOST	Friday 3 March	- St Leo's College Open Day		
A	Monday 6 March to Sunday 12 March	(Year 6 students will be escorted to and from the open day) - CATHOLIC SCHOOLS WEEK		
	Wednesday 8 March	- Michael Grose Parent Talk - The Spoonfed Generation, TLOCC.		
2 🔔	Tuesday 14 March	- OLOR Open Day for Kindergarten 2018: 9.30am-11.00am		
	Thursday 16 March	- Secondhand Uniform Shop Open @ 8.30am		
	Saturday 18 March	- Blokes & Buddies BBQ (Kindergarten & Year 5) @ 3.00pm followed by ParishSc		
		School Mass (coordinated by Kindergarten & Year 5) @ 5.00pm.		
1 2 7	Tuesday 21 March	- Multicultural Day/Harmony Day		
	Friday 31 March	- Kindergarten Open Classrooms @ 8.30am		

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CLASS	MERIT AWARD	PBL AWARD Be an Active Listener		
Kindergarten Blue	Jaxon K	Makenzi G		
Kindergarten Gold	Niamh D	William T		
1Blue	Aisling M	Kaden K		
1Gold	Ben G	Ewan H		
2Blue	Christopher S	Emily B		
2Gold	Mariane D	Lucy L		
3Blue	William McM	Verity Z		
3Gold	Ezekiel R	Cassandra C		
4Blue	Lucy McK	Charlize G		
4Gold	Emily B	Samuel L		
Year 5	Jessica M Bryson M	Cooper E Aaron P		
6Blue	Lachlan L	Madison E		
6Gold	Hayley F	Martha L		

Congratulations to the following students who are celebrating a birthday this coming week.

3 March 5 March 6 March 7 March 8 March

9 March

Erika C (4B) Mary D (6G) Hannah G (6B) Caiden G (4G) & Nicholas M (2G) Marcus S (5B) Joddy C (1G) Leo J (KG) Jacob J (6B)



The above awards and birthday certificates are presented at assembly on Monday at 2.20pm

Parents & Friends Association

SAVE THE DATE

Tuesday 16 May, 7.00pm "Parent Seminar - Raising Kids That Cope"

Tuesday 8 August, 7.00pm "Parent Seminar - Cyber Safety"

Sport News

Age Champion - Swimming Carnival 2017

Congratulations to the following students who achieved Age Champion at the school swimming carnival. Medals for these students will be presented at assembly on **Monday 13 March**.

House Positions on the day:	1st: Desmond	2nd: Casey	3rd: McAuley	4th: Murphy	
8 years	Girls			Boys	
Age Champion	Emily W		Car	Cameron G	
Runner Up	-		Liam C		
9 years	Girls		Boys		
Age Champion	Sadie J Sophia C		Dominic D'S Ben E & Nicholas K		
Runner Up					
10 years	Girls		Boys		
Age Champion	Cha	arlize G	Hayden B & Jacob S		
Runner Up	Lisa T			-	
11 years	Girls		Boys		
Age Champion	Ta	Tara W		Matthew C	
Runner Up	Cha	arlotte L	Lachlan L		
12 years	Girls			Boys	
Age Champion	Sophie McK		Jo	Jordan S	
Runner Up	Andrea B		L	Liam C	

Participating in an Active and Healthy Life Conference, Canberra

During the holidays I attended the International Conference at the University of Canberra held by the Australian Council for Health, Physical Education and Recreation. The Conference theme was Participating in an Active and Healthy Life. The importance of health and physical education in the development of our children was emphasised throughout the three day conference. A few of the workshops I attended included gymnastics, student designed games and the Wisemind workshop. This workshop was presented by Gayelene Clews a psychologist for the Australian Olympic team. She highlighted the importance of developing our children's emotional intelligence, which is our ability to identify and manage our emotions and the ability to use emotional information to guide our thoughts, feelings and behaviours in supportive ways. I am looking forward to incorporating into my PE lessons this year some of the many new ideas learnt. OLOR was also the lucky winner of a badminton kit at the conference.

This term our key focus is on the Active Lifestyles unit. In this part of the curriculum students participate in a variety of activities designed to enable them to be healthy. Activities include minor games, parachute activities, circuits, relays, obstacle courses, co-operative games and team building challenges. Students will examine the components of a healthy lifestyle and learn about the health benefits that result from participating in regular physical activity. We have also started to prepare for the upcoming Cross Country which will be held at the end of the term. The Cross Country is an excellent chance for your children to set personal goals to improve their own level of fitness in a fun and enjoyable event.



Trish Duffy PE Teacher



Cluster Swimming Carnival

Congratulations to all the girls and boys who will be representing OLOR at the North Shore Cluster Swimming Carnival on Tuesday.

Charlize G, Lachlan L, Emily W, Cameron G, Liam C, Sadie J, Michelle D, Dominic D, Nicholas K, Lisa T, Jacob S, Marcus S, Tara W, Amy C, Ethan L, Sophie M, Andrea B, Jordan S, Liam C, Lucy M, Charlotte L, Matthew C, Daniel J, Mary D, Jasmine K, William V, Jonty M-J, Hayden B

Winter Sport Trials

In the coming weeks students will have the opportunity to try out for the Broken Bay sports teams in the sports of AFL, rugby league, netball, football (soccer), hockey (Term 2) and touch football.

It is important to note that these trials are for children who display a 'representative level ability' in the chosen sport. While teams are 'Open Age' it is **strongly recommended** that only outstanding students in Years 5 & 6 be invited to attend.

Each school is allowed to send only **4 students** for each sport. All students in Years 5 & 6 have been given this information. If any other students feel that they fit this category please come and see me and I can give out the information.

Carlee Tonnet Sports Coordinator

Safety at Our Lady of the Rosary

Emergency Management Plans are in place to minimise the risk to the health, safety and welfare of all staff, students and others at Our Lady of the Rosary Waitara. These include **fire evacuations and lock down drills**. Lockdown procedures may need to be implemented in the case of potentially dangerous situations arising within the school or nearby community e.g. hazardous material incident, unwanted visitors or intruders and severe storm. We will be practicing both of these drills each term so students may go home and talk about them. This is a wonderful opportunity for you to talk to your children about these drills in your own home.

