



Our Lady of the Rosary Catholic School

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Week 9. Term 2, 2018

28 June 2018

LINK TO: [CLASS PAGES](#)



Dear Parents,

Athletics Carnival Postponed

The Athletics Carnival tomorrow has been postponed as Kur-ring-gai Council has closed the grounds due to the surface being too wet. We will reschedule for the beginning of next term on a date to be advised. The permission form will cover the new date. Students should come to school in their normal Friday uniform tomorrow.

Change of Dates - Grandparents Day

Please note that we have had to change the date for Grandparents Day next term. It will be celebrated one day later on Friday 27 July. If you would like a photo included in our slideshow, please send a JPG photo to olorw@dbb.catholic.edu.au by **Monday 23 July**. More details in next week's newsletter.

Staff News - Mrs Margie Raymond

Mrs Margie Raymond (5/6White) will be leaving us at the end of this term. Margie has decided to explore other options in her professional life. I thank Margie for all her work in 5/6White and as REC over the last six months and wish her well in her new endeavours. Mrs Rachel Pereira will be teaching in 5/6White for the second semester. Mrs Michelle Le Patourel (3Blue) will be taking over the role of Religious Education Coordinator for the remainder of the year.

Year 5/6 Showcase - Tuesday 3 July

Looking forward to Year 5/6 students presenting their showcase to families next Tuesday night from 6.30pm to 8.00pm. We will open the basketball courts for parking for families.

Additionally on Wednesday morning, July 4 from 8.30am to 9.30am Year 4 students and their parents will be invited to walk through the 5/6 Showcase experience.

Netball & League Tag Gala Day - Thursday 5 July

All of Year 5 & 6 students and a number of students from Year 3 and 4 have nominated to attend either the Netball or League Tag Gala Day next Thursday 5 July. We will send out reminder information early next week.

Dr Justin Coulson Parent Talk - 21 Days to a Happier Family: Tuesday 31 July

The P&F at OLOR Waitara has organised Dr Justin Coulson to speak at our school on Tuesday 31 July. This is a free event for parents. An outline of the talk is on page 3 of the newsletter.

Please click on this link to book for this event : The font colour is very light but lists: Yes/No/Maybe
<https://www.brokenbayparentcouncil.com/dr-justin-coulson.html>.

Looking forward to joining our parents on Saturday night at the P&F Parent night.

God bless you and your family
Jacinta Crowe - Principal



Rock & Water Program

Last week Mrs Le Patourel and I attended training for the Rock & Water program. We look forward to incorporating many of the skills and techniques from the Rock & Water program into our lessons across Years 3 and 4 next term.

Rock and Water is a fantastic program focussed on skills for physical-social teaching for boys and girls. The Rock quality stands for the awareness of one's own possibilities, strength and personal path in life. The Water quality stands for experiences that people have throughout their life, meeting other people, ways of communicating with them and understanding one's inner self. Rock and Water is a practical program that will teach children various lessons/themes, some of these include: I can stand up for myself, finding my own strength, I always have a choice, let's stick together, I am connected to self and many more. This program teaches children to link their *Mind, Body and Heart*, leading to empathy, social competency and resilience.

Miss Jess O'Brien - 4Blue Teacher

Diary Dates - Term 2

Saturday 30 June
Tuesday 3 July

- P&F Event: Parents Night Out. **Bookings have closed for this event.**
- Year 4 Grade Assembly @ 2.00pm in TLOCC.
- Year 5/6 Showcase @ 6.30pm - 8.00pm in 5/6 classrooms.
- Year 5/6 Showcase open to Year 4 students and parents.
- Netball & League Tag Gala Days. Last day for students: Term 2
- SDD/Pupil Free Day.
- First day of Term 3.

Wednesday 4 July
Thursday 5 July
Friday 6 July
Monday 23 July

CLASS	MERIT AWARD	PBL AWARD Knowing the rules & playing by the rules
Kindergarten Blue	Kayla D'S	Kai G
Kindergarten Gold	Amelia D	Sofia C
1Blue	Maxine F	Jemima W
1Gold	Olivia D N	Bryce P
2Blue	Eloise W	Victor Q D
2Gold	Callum B	Trinity H S
3Blue	Luca D N	Nate S
3Gold	Cassidy C	Isabella M
4Blue	Wol A	Daniel McC
4Gold	Isabelle R	Sienna D
5/6Blue	Lachlan M	Lucy B
5/6Gold	Ruby M	Hayden B
5/6White	Caitlyn E	Isha B

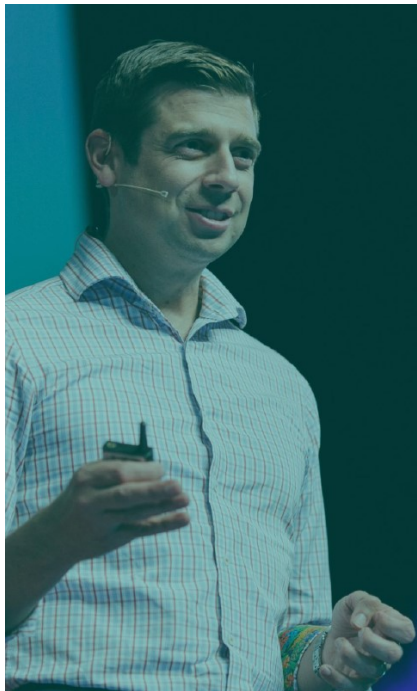
**Merit certificates will be presented at the assembly on
Monday 2 July @ 2.20pm in TLOCC**

**Congratulations
to the following students who are celebrating a birthday
next week and during the holidays.**

3 July	-	Ashley H (5/6Gold)
6 July	-	Ava C (1Gold)
		Matthew C (5/6Gold)
		Louie E (KBlue)
8 July	-	Phoebe C (1Blue)
		Kezia F (2Gold)
13 July	-	Sarah D V (1Gold)
14 July	-	Jessica C (1Gold)
17 July	-	Sofia Q D (4Gold)
20 July	-	Maxine F (1Blue)

**Congratulations to the following students who are celebrating
a birthday in the first week of Term 3.
Certificates will be presented at the first assembly in Term 3 on
Monday 23 July.**

25 July	-	Angus M (3Blue)
		Grace O'B (KGold)



Dr Justin Coulson is one of Australia's most respected relationships speakers, authors, and researchers.

Obsessed with what makes relationships flourish, Justin has spoken to tens of thousands of people about relationships in leadership, education and especially in family life.

Justin is the author of two best-selling books: *21 Days to a Happier Family*, and *9 Ways to a Resilient Child*, as well as numerous empirical book chapters and peer-reviewed journal articles.

Justin has worked with The Commonwealth Bank, American Express, the Office of the Children's E-safety Commissioner, The Federal Government's Department of Social Services, Life Education, and several hundred schools.

Justin is an Honorary Fellow at the Centre for Positive Psychology at the University of Melbourne's Graduate School of Education, and a Senior Associate at the Positive Psychology Institute.

In addition, Dr Coulson writes a weekly parenting advice column for Sydney's Daily Telegraph, appears regularly on The TODAY show and he is the parenting expert at kidspot.com.au - Australia's #1 parenting website.

Most importantly, Justin is an expert in wrestling (his) children, reading Dr Seuss, sliding down steep hills on cardboard boxes, and teaching his children to ride bikes. He and his wife Kylie are the parents of six children.

21 DAYS TO A HAPPIER FAMILY

Everyone wants their family to be happy. But so many things get in the way. The usual suspects include work stress, commitments, and our children's challenging behaviour. But some of the less obvious obstacles include our habits and expectations, a reactive (rather than pro-active) approach, and even a lack of clarity around what a happy family is and does. As a result, families often feel (or are) fragmented, stressful, and out of control.

This workshop equips parents with a fresh way of proactively developing the habits that will strengthen their family, combining cutting-edge insights from the positive psychology arena and classic psychological research underpinning relationships, parenting, and personal choices.

21 Days to a Happier Family gives parents scientifically validated suggestions for making their family happier than ever, starting today!

PARENTS WHO ATTEND 21 DAYS TO A HAPPIER FAMILY WILL:

- Understand how their habits are creating their current family environment
- Learn the psychological principles that underpin personal and family happiness
- Experience insights that will genuinely impact on their family's happiness and functionality (for the better)

BECAUSE THE PRESENTATION WILL:

- Provide specific examples of parents who are getting it right
- Speak in language that makes sense, with stories and research combined in an engaging, interactive, and fun style
- Offer easy-to-implement suggestions for making families happier, so parents can choose ideas that feel right for them (with another 11 suggestions in the book!)

WHO SHOULD ATTEND:

- Every parent or caregiver, as well as teachers, grandparents, and anyone who looks after children.