

KINDNESS CALENDAR - NOVEMBER

Monday 13th
World Kindness Day - Be kind to someone!

Tuesday 14th
Offer to do a job for your teacher

Wednesday 15th
Help set the dinner table

Thursday 16th
Write a note to cheer someone up

Friday 17th
Start a conversation with someone new

Saturday 18th
Help clean up

Sunday 19th
Thank your parents for dinner

Monday 20th
Pick up some rubbish

Tuesday 21st
Compliment someone

Wednesday 22nd
Offer to do a job for your parents

Thursday 23rd
Invite someone new to play with you

Friday 24th
Tell your friend why you like them

Saturday 25th
Make someone smile

Sunday 26th
Give yourself a compliment

Monday 27th
Help someone who needs it

Tuesday 28th
Think about why you are amazing

Wednesday 29th
Say hello to someone

Thursday 30th
Phone a family member

